**COMPOUNDED BIO-IDENTICAL HORMONES**

**Guest Name** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **DOB** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Sex** M or F

**Address** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Ph #**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Allergies** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Medical Conditions­** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **COMPOUNDED HORMONE** | **STRENGTH** | **DIRECTIONS** | **QTY** |  **REFILLS** |
| Desiccated Porcine Thyroid Capsule\*T3 SR Capsule\*\*T4 SR Capsule\*\*T3/T4 SR Capsule\*\*\*T3 Sublingual TabletT4 Sublingual Tablet°T3/T4 Sublingual Tablet° | \_\_\_\_\_\_ grain(s)\_\_\_\_\_\_ mcg(s)\_\_\_\_\_\_ mcg(s)\_\_\_/\_\_\_ mcg(s)\_\_\_\_\_\_ mcg(s)\_\_\_\_\_\_ mcg(s)\_\_\_\_\_\_ mcg(s) | Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_ |  |  |
| **BI-EST (Estriol/Estradiol)**Bi-Est SR Capsule (**Circle One**): 80/20 73/27 70/30 60/40 50/50Bi-Est SL Tablet (**Circle One**): 80/20 73/27 60/40Bi-Est Topical Cream (**Circle One**): 80/20 73/27 70/30 60/40 50/50Bi-Est Vaginal Cream (**Circle One**): 80/20 73/27 60/40 50/50**EsTRIOL** SR Capsule**EsTRIOL** SL Tablet**EsTRIOL** Topical Cream **EsTRIOL** Vaginal Cream **Estradiol** SL Tablet°**Estradiol** Topical Cream°° | \_\_\_\_\_\_ mg\_\_\_\_\_\_ mg\_\_\_\_\_\_ mg/ml\_\_\_\_\_\_ mg/ml\_\_\_\_\_\_ mg\_\_\_\_\_\_ mg\_\_\_\_\_\_ mg/ml\_\_\_\_\_\_ mg/ml\_\_\_\_\_\_ mg\_\_\_\_\_\_ mg/ml | Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_Apply \_\_\_\_\_ grams(s) topically/to \_\_\_\_\_\_\_Q \_\_\_\_\_\_Insert \_\_\_\_\_\_\_\_ grams(s) vaginally Q \_\_\_\_\_\_ Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_Apply \_\_\_\_\_ grams(s) topically/to \_\_\_\_\_\_\_Q \_\_\_\_\_\_Insert \_\_\_\_\_\_\_\_ grams(s) vaginally Q \_\_\_\_\_\_Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_Apply \_\_\_\_\_\_\_ grams(s) topically Q \_\_\_\_\_\_ |  |  |
| **Circle One:**Testosterone SR CapsuleTestosterone SL Tablet (max 25mg per tab)Testosterone Topical Cream°°°Testosterone Vaginal Cream | \_\_\_\_\_\_ mg\_\_\_\_\_\_ mg\_\_\_\_\_\_ mg/ml\_\_\_\_\_\_ mg/ml | Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_Apply \_\_\_\_\_ grams(s) topically/to \_\_\_\_\_\_\_Q \_\_\_\_\_\_Insert \_\_\_\_\_\_\_\_ grams(s) vaginally Q \_\_\_\_\_\_ |  |  |
| **Circle One:**Progesterone SR Capsule\*\*Progesterone SL Tablet (max 25mg per tab)Progesterone Topical Cream Progesterone Vaginal CreamΔ | \_\_\_\_\_\_ mg\_\_\_\_\_\_ mg\_\_\_\_\_\_ mg/ml\_\_\_\_\_\_ mg/ml | Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_Apply \_\_\_\_\_ grams(s) topically/to \_\_\_\_\_\_\_Q \_\_\_\_\_\_Insert \_\_\_\_\_\_\_\_ grams(s) vaginally Q \_\_\_\_\_\_ |  |  |
| **Circle One:**DHEA SR CapsuleDHEA SL Tablet (max 25mg per tab)DHEA Topical CreamDHEA Vaginal Cream | \_\_\_\_\_\_ mg\_\_\_\_\_\_ mg\_\_\_\_\_\_ mg/ml\_\_\_\_\_\_ mg/ml | Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_Apply \_\_\_\_\_ grams(s) topically/to \_\_\_\_\_\_\_Q \_\_\_\_\_\_Insert \_\_\_\_\_\_\_\_ grams(s) vaginally Q \_\_\_\_\_\_ |  |  |
| Pregnenolone SR CapsulePregnenolone SL Tablet | \_\_\_\_\_\_ mg 10 mg | Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_ |  |  |
| Cortisol SR Capsule\*\*Cortisol SL Tablet°  | \_\_\_\_\_\_ mg\_\_\_\_\_\_ mg | Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_ |  |  |

**Clinical Reason for Use:** \*Hypoallergenic formulation; sodium starch glycolate, sugar, talc, and chicory-free / \*\* Better symptom control; decrease side effects / \*\*\* Better symptom control; decrease side effects; dye-free formulation / ° Patient has gut absorption issues; bypasses first-pass metabolism / °° Hypoallergenic formulation—soy and propylene glycol-free /

°°° Hypoallergenic formulation; ethanol-free / Δ Formulation has no petroleum derivatives; better symptom control; decrease side effects

**Physician Name Printed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Physician Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date Written \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DEA # \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ NPI # \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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