**COMPOUNDED BIO-IDENTICAL HORMONES**

**Guest Name** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **DOB** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Sex** M or F

**Address** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Ph #**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Allergies** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Medical Conditions­** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- | --- | --- | --- |
| **COMPOUNDED HORMONE** | **STRENGTH** | **DIRECTIONS** | **QTY** | **REFILLS** |
| Desiccated Porcine Thyroid Capsule\*  T3 SR Capsule\*\*  T4 SR Capsule\*\*  T3/T4 SR Capsule\*\*\*  T3 Sublingual Tablet  T4 Sublingual Tablet°  T3/T4 Sublingual Tablet° | \_\_\_\_\_\_ grain(s)  \_\_\_\_\_\_ mcg(s)  \_\_\_\_\_\_ mcg(s)  \_\_\_/\_\_\_ mcg(s)  \_\_\_\_\_\_ mcg(s)  \_\_\_\_\_\_ mcg(s)  \_\_\_\_\_\_ mcg(s) | Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_  Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_  Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_  Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_  Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_  Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_  Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_ |  |  |
| **BI-EST (Estriol/Estradiol)**  Bi-Est SR Capsule (**Circle One**):  80/20 73/27 70/30  60/40 50/50  Bi-Est SL Tablet (**Circle One**):  80/20 73/27 60/40  Bi-Est Topical Cream (**Circle One**):  80/20 73/27 70/30  60/40 50/50  Bi-Est Vaginal Cream (**Circle One**):  80/20 73/27 60/40  50/50  **EsTRIOL** SR Capsule  **EsTRIOL** SL Tablet  **EsTRIOL** Topical Cream  **EsTRIOL** Vaginal Cream  **Estradiol** SL Tablet°  **Estradiol** Topical Cream°° | \_\_\_\_\_\_ mg  \_\_\_\_\_\_ mg  \_\_\_\_\_\_ mg/ml  \_\_\_\_\_\_ mg/ml  \_\_\_\_\_\_ mg  \_\_\_\_\_\_ mg  \_\_\_\_\_\_ mg/ml  \_\_\_\_\_\_ mg/ml  \_\_\_\_\_\_ mg  \_\_\_\_\_\_ mg/ml | Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_  Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_  Apply \_\_\_\_\_ grams(s) topically/to \_\_\_\_\_\_\_Q \_\_\_\_\_\_  Insert \_\_\_\_\_\_\_\_ grams(s) vaginally Q \_\_\_\_\_\_  Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_  Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_  Apply \_\_\_\_\_ grams(s) topically/to \_\_\_\_\_\_\_Q \_\_\_\_\_\_  Insert \_\_\_\_\_\_\_\_ grams(s) vaginally Q \_\_\_\_\_\_  Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_  Apply \_\_\_\_\_\_\_ grams(s) topically Q \_\_\_\_\_\_ |  |  |
| **Circle One:**  Testosterone SR Capsule  Testosterone SL Tablet (max 25mg per tab)  Testosterone Topical Cream°°°  Testosterone Vaginal Cream | \_\_\_\_\_\_ mg  \_\_\_\_\_\_ mg  \_\_\_\_\_\_ mg/ml  \_\_\_\_\_\_ mg/ml | Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_  Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_  Apply \_\_\_\_\_ grams(s) topically/to \_\_\_\_\_\_\_Q \_\_\_\_\_\_  Insert \_\_\_\_\_\_\_\_ grams(s) vaginally Q \_\_\_\_\_\_ |  |  |
| **Circle One:**  Progesterone SR Capsule\*\*  Progesterone SL Tablet (max 25mg per tab)  Progesterone Topical Cream  Progesterone Vaginal CreamΔ | \_\_\_\_\_\_ mg  \_\_\_\_\_\_ mg  \_\_\_\_\_\_ mg/ml  \_\_\_\_\_\_ mg/ml | Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_  Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_  Apply \_\_\_\_\_ grams(s) topically/to \_\_\_\_\_\_\_Q \_\_\_\_\_\_  Insert \_\_\_\_\_\_\_\_ grams(s) vaginally Q \_\_\_\_\_\_ |  |  |
| **Circle One:**  DHEA SR Capsule  DHEA SL Tablet (max 25mg per tab)  DHEA Topical Cream  DHEA Vaginal Cream | \_\_\_\_\_\_ mg  \_\_\_\_\_\_ mg  \_\_\_\_\_\_ mg/ml  \_\_\_\_\_\_ mg/ml | Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_  Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_  Apply \_\_\_\_\_ grams(s) topically/to \_\_\_\_\_\_\_Q \_\_\_\_\_\_  Insert \_\_\_\_\_\_\_\_ grams(s) vaginally Q \_\_\_\_\_\_ |  |  |
| Pregnenolone SR Capsule  Pregnenolone SL Tablet | \_\_\_\_\_\_ mg  10 mg | Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_  Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_ |  |  |
| Cortisol SR Capsule\*\*  Cortisol SL Tablet° | \_\_\_\_\_\_ mg  \_\_\_\_\_\_ mg | Take \_\_\_\_\_ cap(s) PO Q \_\_\_\_\_  Dissolve \_\_\_\_\_\_ tab(s) under the tongue Q \_\_\_\_\_\_ |  |  |

**Clinical Reason for Use:** \*Hypoallergenic formulation; sodium starch glycolate, sugar, talc, and chicory-free / \*\* Better symptom control; decrease side effects / \*\*\* Better symptom control; decrease side effects; dye-free formulation / ° Patient has gut absorption issues; bypasses first-pass metabolism / °° Hypoallergenic formulation—soy and propylene glycol-free /

°°° Hypoallergenic formulation; ethanol-free / Δ Formulation has no petroleum derivatives; better symptom control; decrease side effects

**Physician Name Printed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Physician Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date Written \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DEA # \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ NPI # \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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