

## NEW FORMULA FOR WEIGHT MANAGEMENT

*Just in time for summer,  
the weight loss ingredient  
semaglutide is now  
compounded by Physicians  
Preference Pharmacy.*



Allow us to introduce you to **Phys Pref Slim**: compounded sublingual semaglutide. It has the same active ingredient as Ozempic, Wegovy, and Rybelsus, which are injectable and oral products, except Phys Pref Slim is an innovative dosage form to improve patient compliance, clinical results, and side effects.

### What Does Phys Pref Slim Do?

Phys Pref Slim (semaglutide) is a glucagon-like peptide 1 (GLP-1) receptor agonist that helps to reduce appetite and food cravings, improve insulin and glucose levels, and delay gastric emptying. It is intended to be used in adults as an adjunct to a balanced dietary regimen and regular physical activity.

Phys Pref Slim is dosed just once weekly. Its prolonged half-life, due to increased albumin binding, results in decreased renal clearance and slowing of its metabolic degradation.

Phys Pref Slim may help to reduce the risk of major adverse cardiovascular events in adults with type 2 diabetes mellitus and established cardiovascular disease.

Phys Pref Slim stimulates insulin secretion, reduces glucagon secretion, and slows gastric emptying, all of which help to lower blood glucose levels.<sup>1</sup>

### How Does It Work?

Unlike other products used for weight loss, such as phentermine or Contrave, Phys Pref Slim addresses the underlying biology of weight gain, rather than tricking the body into not being hungry. Addressing the biological processes of weight gain and metabolic syndrome allows patients to shed weight and keep it off.

Other approaches to weight loss such as stimulants, starvation, or dietary fads work to shed weight quickly, but upon discontinuation patients typically pack the pounds back on, and then some.

### Fewer Side Effects With Sublingual Dosing

If you have already been prescribing semaglutide to your patients, you know the side effects can be rough. Common side

## HOW TO ORDER

Call or fax your prescriptions:

 Fax 281.828.9669

 Tel 281.828.9088

## NEED SUPPLIES?

For Rx sheets, product catalogs, and supportive materials, please call or email us:

 281.828.9088

 [pharmacy@physicianspreferencrx.com](mailto:pharmacy@physicianspreferencrx.com)

 [physicianspreferencrx.com](https://www.physicianspreferencrx.com)

## TAKE A VIRTUAL TOUR

 [An inside look at our new compounding labs](#)

 PHARMACY  
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*Physicians Preference Pharmacy is a Houston-based, PCAB-accredited compounding pharmacy serving physicians and patients since 2001. We are licensed to work with and ship to doctors and patients in all 50 states. Our standards are more stringent than those of the United States Pharmacopeia (USP). Physicians Preference Pharmacy ranks first in Houston for the number of samples sent for potency testing and in the top 8% of pharmacies nationwide.*

effects of injectable and oral semaglutide products such as Ozempic and Wegovy include nausea, vomiting, constipation, headaches, diarrhea, and abdominal pain.

Therefore, we have added BPC-157 and pyridoxine to our Phys Pref Slim formulation to reduce the associated nausea and headaches, which are common for many who use semaglutide. Additionally, as a sublingual dosage form, Phys Pref Slim does not bear the same side effect profile as oral or injectable dosage forms, as it bypasses first-past metabolism, circumventing traditional side effects that may deter patients from using semaglutide or alter their compliance. Side effects observed with Phys Pref Slim typically include lightheadedness, queasiness, and slight fatigue, and they

usually occur only following the first few doses.

Additionally, as a sublingual liquid formulation, Phys Pref Slim is designed to be titrated up to its full dose over the course of a month. The patient then continues, on physician's orders, to maintain treatment at that dose until wellness, blood sugar, and weight loss goals are achieved. Phys Pref Slim is an easy to titrate liquid and is a hypoallergenic product, free of propylene glycol, which is present in the injectable form of semaglutide.

### Cost Considerations

An additional obstacle to prescribing semaglutide may be cost. Although we cannot compound a product to improve cost alone, a lower cost of treatment is always an added benefit.

Patients commonly pay thousands of dollars per month for commercially available semaglutide treatment. And if insurance is covering semaglutide treatment initially, we have heard from several patients that their insurance is spontaneously ceasing coverage, leaving them in a bind. Particularly in patients with type 2 diabetes who are utilizing semaglutide to lower blood sugar, this abrupt discontinuation in coverage is both cost-prohibitive and a barrier to treatment.

For additional prescribing information and pricing on Phys Pref Slim, please contact the pharmacy directly at **281-828-9088**. We look forward to the privilege of serving you!

### REFERENCES

<sup>1</sup> Ozempic semaglutide injection (product insert). Novo Nordisk Inc. March 2022. <https://www.novo-pi.com/ozempic.pdf>



NAME \_\_\_\_\_ DOB \_\_\_\_\_  
ADDRESS \_\_\_\_\_ DATA \_\_\_\_\_

### *Phys Pref Slim*

*(semaglutide 2mg/BPC-157 2mg/pyridoxine 30mg/ml) sublingual drop (hypoallergenic formulation w/o propylene glycol)*

*Directions: Place 0.25 ml under the tongue once weekly. If tolerated, increase by 0.25ml every week up to a max of 1.25ml once weekly.*

*Quantities available: 2.5ml and 5ml*

SIGNATURE \_\_\_\_\_

### *IMPORTANT PRESCRIBING INFORMATION:*

*Month 1: Please send initial Rx for 2.5ml qty + 0 refills*

*Month 2 and beyond: If the patient is tolerating the fully titrated dose well, we will request a prescription for the 5ml qty + 1 refill. (This gets the patient a three-month duration of therapy. If they need additional months, we will request refills accordingly).*